

HI-Performance Soccer Academy Summer Residential Camp

Dates: July 18-July 21, 2010 - Virginia Episcopal School, Lynchburg, Virginia

Recommended Packing List (Residential Campers)

- 1 Warm-up suits (optional)
- 8 Pairs of athletic socks and 8 Pairs of soccer socks
- 1 rain suit (optional)
- Bring your own SOCCER BALL
- 1 swim shorts
- 8 Pairs of soccer shorts
- 10 Soccer Shirts
- 2 bath towels with wash cloth (required)
- Pair of soccer cleats
- 1 Pair of flats (rubber sole shoes) (required)
- Toiletries (required)
- Bed Sheets, pillow, Blankets (required)
- Alarm Clock (required)
- Notebook and Pen (required)
- WATER BOTTLE